

## Overall Results

## Sprint 700M - 26K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 CHRISTIANSON, TODD	196	SPR40-49M	00:10:55.65	2	00:41:35.35	1	00:23:20.65	7	01:15:51.65	MED. HAT
2 WRIGHT, RYAN	185	SPR30-39M	00:10:42.55	1	00:44:28.10	5	00:21:52.80	3	01:17:03.45	EDMONTON
3 SOMMERFELDT, STEVEN	180	SPR30-39M	00:14:13.20	23	00:44:19.05	3	00:20:16.00	1	01:18:48.25	LETH
4 NICOL, CREGG	228	SPR30-39M	00:13:36.55	13	00:43:27.35	2	00:23:27.15	8	01:20:31.05	COALHURST
5 DAVIES, DYLAN	148	SPR30-39M	00:10:59.15	4	00:45:50.95	7	00:26:00.60	33	01:22:50.70	LETH
6 ADAMS, DAVE	226	SPR50-59M	00:16:07.55	52	00:44:22.45	4	00:23:42.75	10	01:24:12.75	LETH
7 LEGER, JANICE	230	SPR20-29F	00:10:55.80	3	00:47:09.70	12	00:26:40.85	46	01:24:46.35	LETH
8 ONTKEAN, NICK	110	SPR16-19M	00:14:01.90	18	00:46:39.85	10	00:24:19.05	13	01:25:00.80	LETH
9 WALLACE, ALEX	210	SPR50-59M	00:13:21.80	10	00:46:05.05	8	00:26:13.65	37	01:25:40.50	VERNON
10 KOKOTT, ANGELA	193	SPR40-49F	00:12:57.90	8	00:47:26.30	14	00:25:34.60	27	01:25:58.80	CALGARY
11 JENSEN, ANDY	138	SPR20-29M	00:12:21.80	6	00:48:45.05	18	00:25:04.25	19	01:26:11.10	EDMONTON
12 ORR, DUSTIN	142	SPR20-29M	00:14:08.90	21	00:49:51.15	24	00:22:24.35	4	01:26:24.40	FT. MACLEO
13 JENSEN, JONATHAN	232	SPR30-39M	00:14:28.20	26	00:47:05.70	11	00:24:58.95	18	01:26:32.85	KAMLOOPS
14 BULMER, ALICIA	112	SPR20-29F	00:14:06.50	19	00:49:17.90	20	00:23:55.95	11	01:27:20.35	CALGARY
15 GIBB, TONYA	151	SPR30-39F	00:16:47.40	63	00:50:39.20	30	00:20:18.75	2	01:27:45.35	LETH
16 GLOVER, AARON	137	SPR20-29M	00:15:09.95	39	00:46:39.70	9	00:26:15.55	38	01:28:05.20	LETH
17 BLUMEL, JIM	195	SPR40-49M	00:16:53.70	65	00:47:25.95	13	00:24:18.95	12	01:28:38.60	
18 HENINGER, CARSON	107	SPR16-19M	00:14:45.05	30	00:48:41.95	17	00:25:44.15	30	01:29:11.15	MAGRATH
19 BIRD, JANICE	186	SPR40-49F	00:15:00.35	36	00:47:42.45	15	00:27:25.50	50	01:30:08.30	STRATHMOF
20 DERRY, ADAM	134	SPR20-29M	00:14:53.85	33	00:50:06.35	26	00:25:28.60	26	01:30:28.80	CALGARY
21 TIDBALL, JOANNE	164	SPR30-39F	00:14:34.20	27	00:49:40.10	22	00:26:28.65	43	01:30:42.95	EDMONTON
22 WILLIAMSON, MIKE	183	SPR30-39M	00:15:57.55	49	00:49:17.15	19	00:25:37.35	28	01:30:52.05	COALDALE
23 HUTCHINGS, LAUREN	118	SPR20-29F	00:15:54.30	47	00:50:42.55	32	00:24:28.80	14	01:31:05.65	CALGARY
24 BURROWS, KRISTI	147	SPR30-39F	00:14:57.15	34	00:50:52.70	33	00:25:17.60	23	01:31:07.45	RAYMOND
25 JENSEN, BLAKE	109	SPR16-19M	00:13:28.75	11	00:51:54.05	38	00:26:02.75	34	01:31:25.55	LETH
26 DERRY, MICHAEL	135	SPR20-29M	00:18:03.00	74	00:48:39.25	16	00:25:26.35	25	01:32:08.60	MED. HAT
27 JOWSY, JANIS	192	SPR40-49F	00:14:49.00	31	00:51:35.40	36	00:25:58.75	32	01:32:23.15	LETH
28 GLOVER, MEGAN	116	SPR20-29F	00:15:58.30	50	00:51:51.35	37	00:25:15.65	22	01:33:05.30	LETH
29 ANDERSON, RYAN	167	SPR30-39M	00:14:40.30	28	00:52:15.90	43	00:26:16.50	39	01:33:12.70	MAGRATH
30 ACKERMAN, CATHERINE	143	SPR30-39F	00:15:10.75	40	00:53:21.25	50	00:24:48.90	17	01:33:20.90	LETH
31 BISHOP, ASHLEY	111	SPR20-29F	00:13:50.50	16	00:50:53.40	34	00:28:48.00	64	01:33:31.90	LETH
32 OVIATT, VIRGINIA	224	SPR20-29F	00:12:17.05	5	00:54:04.45	52	00:27:23.45	49	01:33:44.95	EDMONTON
33 EVANS, JOHN	197	SPR40-49M	00:16:43.90	61	00:45:13.55	6	00:32:23.60	95	01:34:21.05	
34 AITCHISON, KENT	105	SPR16-19M	00:13:48.80	15	00:54:19.10	56	00:26:13.55	36	01:34:21.45	LETH
35 SHARP, ROB	178	SPR30-39M	00:16:49.90	64	00:50:39.75	31	00:27:15.65	48	01:34:45.30	LETH
36 BOND, TROY	238	SPR30-39M	00:14:09.80	22	00:49:46.95	23	00:31:45.35	86	01:35:42.10	FORT MACLI
37 ALSTON, JILL	231	SPR20-29F	00:16:19.95	56	00:55:02.75	67	00:24:39.40	15	01:36:02.10	CARDSTON
38 HENINGER, JAMES	233	SPR40-49M	00:19:09.55	91	00:50:25.15	28	00:26:28.25	42	01:36:02.95	MAGRATH
39 DEGENHARDT, CARLEE	113	SPR20-29F	00:15:49.55	46	00:56:36.25	78	00:23:40.70	9	01:36:06.50	LETH
40 MATTHEWS, JULIE	203	SPR50-59F	00:15:05.00	37	00:51:12.45	35	00:29:50.65	74	01:36:08.10	LETH
41 SHEEN, KENZIE	125	SPR20-29F	00:14:44.05	29	00:54:41.45	60	00:27:13.30	47	01:36:38.80	CARDSTON
42 WRIGHT, KARLEE	104	SPR16-19F	00:16:13.10	54	00:54:42.95	61	00:26:08.75	35	01:37:04.80	RAYMOND
43 GIESBRECHT, DUSTIN	136	SPR20-29M	00:14:16.30	24	00:53:07.80	49	00:29:44.80	73	01:37:08.90	REDCLIFF
44 STEVENS, SCOTT	181	SPR30-39M	00:18:44.20	83	00:49:26.65	21	00:28:58.75	68	01:37:09.60	TABER
45 BENNETT, ARLEN	207	SPR50-59M	00:15:46.95	44	00:54:47.95	63	00:26:40.80	45	01:37:15.70	MAGRATH
46 JACOBS, AUBREY	152	SPR30-39F	00:18:05.55	75	00:51:57.95	39	00:27:28.35	52	01:37:31.85	MAGRATH
47 KUNTZ, APRIL	154	SPR30-39F	00:15:44.25	43	00:53:25.70	51	00:28:48.55	65	01:37:58.50	CLARESHOL
48 WILLIAMSON, ROB	184	SPR30-39M	00:16:32.25	57	00:50:32.80	29	00:30:53.85	82	01:37:58.90	LETH
49 TIDBALL, KEVIN	182	SPR30-39M	00:13:20.35	9	00:54:25.45	59	00:30:44.95	81	01:38:30.75	EDMONTON
50 MO, BRYAN	140	SPR20-29M	00:19:47.45	94	00:52:14.50	42	00:26:29.70	44	01:38:31.65	EDMONTON
51 SHRINER, JASON	179	SPR30-39M	00:17:30.70	70	00:57:48.70	83	00:23:16.30	6	01:38:35.70	LETH

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## Sprint 700M - 26K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
52 SCHUCK, KATE	161	SPR30-39F	00:13:54.80	17	00:54:46.10	62	00:30:01.05	75	01:38:41.95	CHESTERME
53 DAHL, REGAN	171	SPR30-39M	00:17:50.95	71	00:56:12.15	74	00:24:47.55	16	01:38:50.65	LETH
54 SCHREMPF, HANS	227	SPR40-49M	00:15:56.75	48	00:57:54.50	84	00:25:12.25	21	01:39:03.50	LETH
55 KALISCHUK, MELANIE	153	SPR30-39F	00:19:02.65	89	00:54:07.40	53	00:25:54.95	31	01:39:05.00	LETH
56 DAHL, SHARON	187	SPR40-49F	00:15:06.50	38	00:55:54.45	72	00:28:08.75	59	01:39:09.70	MAGRATH
57 VANDELLEN, TARA	165	SPR30-39F	00:16:09.75	53	00:54:15.90	55	00:28:44.65	63	01:39:10.30	CLARESHOL
58 POLLOCK, GRANT	209	SPR50-59M	00:18:53.90	84	00:52:09.00	40	00:28:21.85	61	01:39:24.75	CALGARY
59 MCLEOD, SEAN	234	SPR40-49M	00:21:10.90	102	00:52:56.05	47	00:25:21.80	24	01:39:28.75	LETH
60 WILLIAMS, SHANNON	132	SPR20-29F	00:17:01.95	67	00:52:14.10	41	00:30:26.45	79	01:39:42.50	EDMONTON
61 POLLOCK, ROCKWELL	175	SPR30-39M	00:16:46.85	62	00:52:43.05	45	00:30:13.60	76	01:39:43.50	LETH
62 SMITH, BRADLEY	223	SPR16-19M	00:15:40.10	41	00:56:33.95	77	00:27:37.30	55	01:39:51.35	MAGRATH
63 JANKUNIS, FRANK	198	SPR40-49M	00:16:38.60	59	00:54:23.60	58	00:29:04.25	69	01:40:06.45	LETH
64 HAWKINS, DEAN	172	SPR30-39M	00:18:21.60	81	00:53:03.85	48	00:28:50.15	66	01:40:15.60	LETH
65 KAWCHUK, LAWRENCE	199	SPR40-49M	00:23:35.95	111	00:50:23.45	27	00:26:19.50	41	01:40:18.90	LETH
66 BRIDGE, CRYSTAL	146	SPR30-39F	00:16:34.95	58	00:55:17.35	68	00:28:51.00	67	01:40:43.30	RAYMOND
67 RUNQUIST, CATHY	160	SPR30-39F	00:14:23.35	25	00:58:56.90	93	00:28:06.95	57	01:41:27.20	RAYMOND
68 MURAKAMI, EVELYN	123	SPR20-29F	00:18:56.70	87	00:54:21.70	57	00:28:13.15	60	01:41:31.55	EDMONTON
69 MCINTYRE, KRISTEN	121	SPR20-29F	00:18:28.85	82	00:54:50.70	65	00:28:42.25	62	01:42:01.80	CALGARY
70 PYKERMAN, KAREN	124	SPR20-29F	00:22:35.15	107	00:50:05.25	25	00:29:21.95	70	01:42:02.35	LETH
71 MICHELSON, STEPHANIE	156	SPR30-39F	00:15:59.50	51	00:52:47.95	46	00:33:31.65	98	01:42:19.10	
72 OLCHOWECKI, SUZANNE	157	SPR30-39F	00:15:40.95	42	00:52:26.15	44	00:34:41.45	102	01:42:48.55	COALDALE
73 MACDONALD, MAUREEN	204	SPR50-59F	00:16:13.70	55	00:56:19.05	76	00:31:03.85	84	01:43:36.60	CALGARY
74 DEWACHT, AIMEE	150	SPR30-39F	00:13:32.15	12	01:01:24.30	100	00:29:44.15	72	01:44:40.60	LETH
75 HILL, JOEL	108	SPR16-19M	00:24:22.60	113	00:55:39.10	70	00:25:11.60	20	01:45:13.30	
76 GUSA, TARA	229	SPR16-19F	00:16:59.00	66	00:57:22.25	81	00:31:25.15	85	01:45:46.40	CRODDFIELD
77 STEVENS, HENRY	201	SPR40-49M	00:21:48.95	105	00:57:47.75	82	00:26:18.60	40	01:45:55.30	CALGARY
78 WILDE, LAURA	131	SPR20-29F	00:20:41.50	97	00:59:34.35	95	00:25:39.85	29	01:45:55.70	WELLING
79 BEAZER, RUSS	133	SPR20-29M	00:21:01.85	101	00:54:50.20	64	00:30:16.95	77	01:46:09.00	CALGARY
80 BEAZER, ESTHER	101	SPR16-19F	00:14:07.65	20	00:58:45.50	91	00:33:16.15	97	01:46:09.30	CALGARY
81 PURNELL, BRIAN	176	SPR30-39M	00:23:30.95	110	00:56:08.35	73	00:27:34.30	54	01:47:13.60	EDMONTON
82 BOLOKOSKI, TODD	169	SPR30-39M	00:18:12.85	78	00:57:15.30	80	00:31:49.50	87	01:47:17.65	LETH
83 BOLOKOSKI, TANYA	145	SPR30-39F	00:21:19.65	103	00:54:08.80	54	00:31:49.55	88	01:47:18.00	LETH
84 MCKEE, ALLISON	155	SPR30-39F	00:20:54.20	99	00:58:20.25	88	00:28:07.15	58	01:47:21.60	CLARESHOL
85 DAVIDSON, KAREN	225	SPR30-39F	00:18:10.45	77	00:58:27.70	90	00:30:57.05	83	01:47:35.20	EDMONTON
86 LEAVITT, JADE	119	SPR20-29F	00:20:46.65	98	00:56:36.50	79	00:30:21.05	78	01:47:44.20	CARDSTON
87 WATT, MICHELLE	166	SPR30-39F	00:20:57.70	100	00:54:59.60	66	00:32:00.20	89	01:47:57.50	CLARESHOL
88 DUPONT, KRISTI	114	SPR20-29F	00:17:53.00	72	00:59:40.55	96	00:30:29.95	80	01:48:03.50	SPRUCE GR
89 WOOLFORD, TRUDY	206	SPR50-59F	00:15:47.85	45	00:55:33.65	69	00:37:01.25	107	01:48:22.75	CARDSTON
90 RUNQUIST, TYLER	177	SPR30-39M	00:22:43.10	108	00:58:15.00	86	00:27:32.80	53	01:48:30.90	RAYMOND
91 JENSEN, BRITTENY	102	SPR16-19F	00:12:54.80	7	00:59:28.00	94	00:37:07.55	108	01:49:30.35	LETH
92 BOWDEN, STEPHEN	170	SPR30-39M	00:20:30.60	96	00:55:39.60	71	00:34:31.00	101	01:50:41.20	ROCKEYVIE'
93 WILLS, MAUREEN	194	SPR40-49F	00:18:08.85	76	01:00:20.70	98	00:32:14.75	91	01:50:44.30	LETH
94 SMITH, BEV	239	SPR50-59F	00:25:59.60	114	00:58:09.60	85	00:28:05.55	56	01:52:14.75	LETH
95 DOWNES, WENDY	188	SPR40-49F	00:18:17.30	79	01:00:18.00	97	00:33:40.30	99	01:52:15.60	CALGARY
96 MEHEW, MARK	174	SPR30-39M	00:21:42.00	104	00:58:26.00	89	00:32:19.15	92	01:52:27.15	WELLING
97 MEHEW, KONNI	122	SPR20-29F	00:19:23.85	92	01:00:43.55	99	00:32:19.85	93	01:52:27.25	WELLING
98 MICHEL, DEE DEE	205	SPR50-59F	00:19:07.85	90	00:58:45.85	92	00:34:58.70	103	01:52:52.40	WELLING
99 RICHARDS, RENEE	159	SPR30-39F	00:26:28.40	115	00:58:19.95	87	00:29:33.35	71	01:54:21.70	LETH
100 GRANT, BENNY	236	SPR20-29M	00:22:48.10	109	01:04:14.70	103	00:27:26.30	51	01:54:29.10	ELKFORD
101 DUPONT, LAURA	115	SPR20-29F	00:13:43.20	14	01:05:39.50	105	00:35:26.15	105	01:54:48.85	EDMONTON
102 LEE, CALEB	139	SPR20-29M	00:17:03.80	68	01:16:23.60	113	00:22:42.15	5	01:56:09.55	LETH

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Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
103 DUPONT, PAMELA	189	SPR40-49F	00:20:21.45	95	01:06:10.65	107	00:32:23.05	94	01:58:55.15	EDMONTON
104 GILBERT, TERRY	190	SPR40-49F	00:18:20.20	80	01:05:39.80	106	00:35:13.80	104	01:59:13.80	CALGARY
105 WENDORFF, NAOMI	129	SPR20-29F	00:16:40.70	60	00:56:18.45	75	00:46:31.65	114	01:59:30.80	WELLING
106 LOWE, MACKENZIE	120	SPR20-29F	00:18:55.20	86	01:04:24.55	104	00:36:25.85	106	01:59:45.60	LETH
107 TINGLE, KATHRYN	127	SPR20-29F	00:18:57.20	88	01:08:40.90	108	00:32:09.40	90	01:59:47.50	CALGARY
108 WENDORFF, NIKKI	130	SPR20-29F	00:24:11.50	112	01:02:39.10	101	00:33:03.80	96	01:59:54.40	RAYMOND
109 MURRAY, LARRY	200	SPR40-49M	00:14:58.25	35	01:12:09.20	111	00:34:10.70	100	02:01:18.15	MAGRATH
110 SIMPSON, LAURA	162	SPR30-39F	00:17:27.70	69	01:02:49.65	102	00:45:12.70	113	02:05:30.05	RAYMOND
111 HAWKINS, MEGAN	117	SPR20-29F	00:14:52.15	32	01:12:00.25	110	00:40:41.55	112	02:07:33.95	EDMONTON
112 MANDIN, RHETT	173	SPR30-39M	00:22:13.50	106	01:11:18.30	109	00:37:19.60	109	02:10:51.40	LETH
113 SHEEN, DANIELLE	103	SPR16-19F	00:19:25.85	93	01:15:13.10	112	00:38:26.45	111	02:13:05.40	CARDSTON
114 HARKER, PATTI	202	SPR50-59F	00:18:55.05	85	01:17:09.00	115	00:38:04.20	110	02:14:08.25	LACOMBE
115 POYSER, ANNA	158	SPR30-39F	00:17:54.20	73	01:16:29.75	114	00:46:57.15	115	02:21:21.10	LETH
116 SPENCER, SHAUNA	126	SPR20-29F	00:48:29.00	116	01:19:22.30	116	00:48:33.55	116	02:56:24.85	CALGARY

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## Sprint Team 700M - 26K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 ANDERSON, DEVON	235	SPRTEAM-MX	00:17:12.70	9	00:44:14.55	1	00:23:34.75	1	01:25:02.00	
ANDERSON, TARA - Biker -										
ANDERSON, DAN - Runner -										
2 BRINTON, STEVE	219	SPRTEAM-MX	00:14:45.85	4	00:46:24.35	2	00:24:40.40	4	01:25:50.60	MAGRATH
FOGGIN, ROD - Biker -										
FOGGIN, AUDRA - Runner -										
3 FERGUSON, LAURA	211	SPRTEAM-F	00:12:53.55	1	00:50:11.55	5	00:24:27.80	3	01:27:32.90	LETH
LAMB, SHANNON - Biker -										
THOMAS, LEXI - Runner -										
4 HUBBARD, JARED	215	SPRTEAM-MX	00:14:00.20	3	00:50:44.70	6	00:26:20.45	7	01:31:05.35	
VAYRO, ANGIE - Biker -										
FOGGIN, CARSON - Runner -										
5 OGDEN, TABATHA	220	SPRTEAM-F	00:16:28.95	6	00:48:57.25	3	00:28:27.50	11	01:33:53.70	MAGRATH
ANDERSON, EMILY - Biker -										
WATSON, SHILOMITH - Runner -										
6 KELEMEN, AVA	221	SPRTEAM-MX	00:13:57.50	2	00:55:44.30	12	00:24:17.90	2	01:33:59.70	LETH
CHRISTENSEN, BRIANNE - Biker -										
BOYD, PATRICK - Runner -										
7 ALLRED, JOY	217	SPRTEAM-MX	00:16:33.20	7	00:53:36.05	9	00:26:08.05	6	01:36:17.30	CARDSTON
HARKER, KYLE - Biker -										
HARKER, KATE - Runner -										
8 BARTON, COLLEEN	218	SPRTEAM-MX	00:19:54.40	12	00:49:31.50	4	00:27:16.50	10	01:36:42.40	MAGRATH
POTTER, TIM - Biker -										
LYNN-POTTER, TERESA - Runner -										
9 RICHARDS, SONJA	213	SPRTEAM-F	00:19:12.90	10	00:53:24.85	8	00:26:38.45	8	01:39:16.20	CARDSTON
CAMPBELL, RITA - Biker -										
LEWIS, CHERTYL - Runner -										
10 NOEL, ANDREW	216	SPRTEAM-M	00:14:55.50	5	00:52:29.30	7	00:33:42.00	12	01:41:06.80	LETH
FROESE, JERRY - Biker -										
GIESBRECHT, RANDY - Runner -										
11 HILL, JOSH	237	SPRTEAM-M	00:19:51.65	11	00:55:56.45	13	00:26:50.80	9	01:42:38.90	
FISHER, KURT - Biker -										
ANDERSON, JORDAN - Runner -										
12 SNOW, LONI	214	SPRTEAM-F	00:17:10.30	8	01:07:12.20	15	00:26:05.00	5	01:50:27.50	RAYMOND
NORTON, LORI - Biker -										
SNOW, KIMBER - Runner -										
13 MURRAY, BRYAN	208	SPRTEAM-MX	00:22:42.35	14	00:55:12.70	11	00:34:28.05	13	01:52:23.10	LETH

