

Overall Results

Sprint 750M - 26K - 5K

Name	Bib#	Category	Swim	O/A	Cat	Bike	O/A	Cat	Run	O/A	Cat	Finish	Cat/Pl	City
1 MOLNAR, WARREN	285	SPR30-39M	00:10:47.55	2	2	00:38:47.10	1	1	00:18:50.80	1	1	01:08:25.45	1 / 23	LETHBRIDGE
2 NICOL, CREGG	308	SPR40-49M	00:11:40.30	6	1	00:40:29.30	2	1	00:20:02.75	4	1	01:12:12.35	1 / 12	COALHURST
3 WRIGHT, RYAN	293	SPR30-39M	00:10:40.20	1	1	00:42:59.10	3	2	00:21:27.20	6	3	01:15:06.50	2 / 23	EDMONTON
4 CLACK, WILLIAM	205	SPR16-19M	00:11:54.75	7	1	00:45:25.30	6	1	00:19:14.80	3	1	01:16:34.85	1 / 2	LETH
5 BRYANT, JEFF	321	SPR50-59M	00:12:32.55	8	1	00:44:24.90	4	1	00:21:44.00	7	1	01:18:41.45	1 / 7	LETHBRIDGE
6 WARD, MATT	243	SPR20-29M	00:12:39.70	9	1	00:45:06.50	5	1	00:20:57.05	5	1	01:18:43.25	1 / 16	MEDICINE HAT
7 DAVIES, DYLAN	273	SPR30-39M	00:10:48.30	3	3	00:45:39.10	7	3	00:24:56.80	22	7	01:21:24.20	3 / 23	LETHBRIDGE
8 RUNIONS, PAUL	309	SPR40-49M	00:13:40.70	17	3	00:46:20.15	9	2	00:22:50.70	11	2	01:22:51.55	2 / 12	FORT MACLEOD
9 HENDERSON, BRAD	230	SPR20-29M	00:14:16.10	24	2	00:46:51.45	12	3	00:22:50.85	12	2	01:23:58.40	2 / 16	CALGARY
10 STEVENS, SCOTT	291	SPR30-39M	00:15:53.45	44	11	00:46:29.10	10	5	00:22:50.15	10	5	01:25:12.70	4 / 23	TABER
11 KELLN, TRAVIS	283	SPR30-39M	00:13:45.35	19	6	00:48:47.00	20	8	00:22:47.60	9	4	01:25:19.95	5 / 23	SWIFT CURRENT
12 JENSEN, KYLE	232	SPR20-29M	00:16:17.35	52	6	00:46:49.50	11	2	00:23:24.15	18	4	01:26:31.00	3 / 16	LETH
13 HARRINGTON, MIKE	280	SPR30-39M	00:15:07.45	33	9	00:47:40.65	13	6	00:24:41.80	20	6	01:27:29.90	6 / 23	SPARWOOD
14 SNOW, KIMBER	204	SPR16-19F	00:14:06.25	21	2	00:50:21.60	26	1	00:23:11.25	17	1	01:27:39.10	1 / 5	RAYMOND
15 FRENCH, BROOKE	333	SPR16-19F	00:11:12.85	5	1	00:51:23.55	35	2	00:25:08.25	26	2	01:27:44.65	2 / 5	LETHBRIDGE
16 RYBA-JOWSEY, JANIS	300	SPR40-49F	00:14:50.85	28	3	00:48:20.65	17	1	00:25:06.95	24	1	01:28:18.45	1 / 9	LETHBRIDGE
17 ORR, DUSTIN	238	SPR20-29M	00:15:05.85	32	4	00:50:52.50	30	6	00:23:08.30	15	3	01:29:06.65	4 / 16	Fort Macleod
18 MACWILLIAM, LESLIE	218	SPR20-29F	00:15:08.35	34	6	00:52:04.80	37	3	00:22:19.85	8	1	01:29:33.00	1 / 16	LETH
19 HARMS, ALLAN	279	SPR30-39M	00:14:10.50	22	7	00:50:44.40	29	10	00:25:37.45	31	9	01:30:32.35	7 / 23	EDMONTON
20 PYKERMAN, KAREN	223	SPR20-29F	00:12:42.95	10	1	00:48:31.05	18	2	00:29:18.90	71	7	01:30:32.90	2 / 16	LETHBRIDGE
21 UNGER, DAVID	242	SPR20-29M	00:14:31.35	26	3	00:50:11.45	24	5	00:26:13.75	39	8	01:30:56.55	5 / 16	CALGARY
22 MCGUIGAN, SEAN	235	SPR20-29M	00:17:45.70	73	7	00:48:06.55	15	4	00:25:04.75	23	5	01:30:57.00	6 / 16	TABER
23 BLUMEL, JIM	338	SPR40-49M	00:17:20.80	66	7	00:49:02.75	21	4	00:24:47.35	21	4	01:31:10.90	3 / 12	MAGRATH
24 PATTERSON, ERIN	221	SPR20-29F	00:13:04.75	11	2	00:48:19.50	16	1	00:30:10.95	75	8	01:31:35.20	3 / 16	LETHBRIDGE
25 FRIESEN, BERT	305	SPR40-49M	00:16:15.30	51	5	00:52:25.45	39	7	00:23:08.95	16	3	01:31:49.70	4 / 12	TABER
26 GRUENHAGE, PETER	278	SPR30-39M	00:16:45.15	58	14	00:48:02.35	14	7	00:27:04.70	48	13	01:31:52.20	8 / 23	LETHBRIDGE
27 JANKUNIS, FRANK	324	SPR50-59M	00:14:38.40	27	2	00:51:44.00	36	2	00:26:00.10	37	4	01:32:22.50	2 / 7	LETH
28 SELLERS, CORY	290	SPR30-39M	00:18:43.75	81	20	00:54:31.45	53	16	00:19:09.10	2	2	01:32:24.30	9 / 23	LETHBRIDGE
29 WALBURGER, JAMIE	265	SPR30-39F	00:13:24.65	14	1	00:55:08.35	58	7	00:23:57.00	19	1	01:32:30.00	1 / 20	LETHBRIDGE
30 CONRAD, JARED	272	SPR30-39M	00:16:47.10	60	15	00:45:55.55	8	4	00:29:59.60	74	17	01:32:42.25	10 / 23	LETHBRIDGE
31 ADSERBALLE, JACOB	336	SPR40-49M	00:13:58.70	20	4	00:53:37.30	47	10	00:25:22.45	29	5	01:32:58.45	5 / 12	LETH
32 KASKO, RYAN	282	SPR30-39M	00:14:59.40	30	8	00:52:11.75	38	12	00:25:57.00	36	11	01:33:08.15	11 / 23	COALDALE
33 MAC CON, AMY	252	SPR30-39F	00:15:48.40	42	6	00:50:44.15	28	1	00:26:43.60	44	5	01:33:16.15	2 / 20	FERNIE
34 ROEMMELE, MATTHEW	289	SPR30-39M	00:16:19.00	53	12	00:50:00.80	22	9	00:27:10.95	49	14	01:33:30.75	12 / 23	LETHBRIDGE
35 DAHL, SHARON	295	SPR40-49F	00:14:12.60	23	2	00:52:45.35	40	3	00:26:34.50	41	2	01:33:32.45	2 / 9	MAGRATH
36 MATTHEWS, JULIE	319	SPR50-59F	00:15:25.15	37	1	00:50:12.90	25	1	00:27:57.50	57	1	01:33:35.55	1 / 3	LETHBRIDGE
37 BISHOP, MIKE	269	SPR30-39M	00:13:15.30	13	5	00:53:49.10	50	15	00:27:53.35	54	15	01:34:57.75	13 / 23	GLENWOOD

Overall Results

Sprint 750M - 26K - 5K

Name	Bib#	Category	Swim	O/A	Cat	Bike	O/A	Cat	Run	O/A	Cat	Finish	Cat/Pl	City
38 ELLIS-TODDINGTON, TYLER	275	SPR30-39M	00:16:35.50	54	13	00:53:06.75	45	14	00:26:11.45	38	12	01:35:53.70	14 / 23	CALGARY
39 THOMAS, SARAH	263	SPR30-39F	00:16:41.35	57	11	00:53:43.50	49	3	00:25:36.60	30	2	01:36:01.45	3 / 20	EDMONTON
40 CHILES, CARRIE	294	SPR40-49F	00:15:44.55	41	4	00:51:20.85	34	2	00:29:04.80	68	4	01:36:10.20	3 / 9	TAIPEI
41 WILLIAMSON, ROB	292	SPR30-39M	00:17:59.05	75	18	00:51:09.85	33	11	00:27:53.80	55	16	01:37:02.70	15 / 23	LETHBRIDGE
42 WILLIAMSON, TRENT	315	SPR40-49M	00:13:12.95	12	2	00:53:05.55	44	8	00:30:48.80	80	8	01:37:07.30	6 / 12	LETHBRIDGE
43 NIEBOER, JEN	219	SPR20-29F	00:16:36.50	55	8	00:54:51.05	56	4	00:25:54.15	35	3	01:37:21.70	4 / 16	PICTURE BUTTE
44 ROBERTSON, KINDAL	288	SPR30-39M	00:15:39.25	40	10	00:56:55.85	71	18	00:25:06.95	25	8	01:37:42.05	16 / 23	CALGARY
45 SCHEMENAUER, RAINA	225	SPR20-29F	00:14:20.75	25	5	00:55:52.75	61	5	00:27:41.50	51	5	01:37:55.00	5 / 16	LETHBRIDGE
46 KUNTZ, APRIL	250	SPR30-39F	00:16:02.25	47	9	00:53:37.35	48	2	00:28:24.50	59	8	01:38:04.10	4 / 20	CLARESHOLM
47 SJOVOLD, SUZANNE	261	SPR30-39F	00:15:00.75	31	2	00:56:16.25	66	9	00:26:55.15	45	6	01:38:12.15	5 / 20	EDMONTON
48 SUMNALL, ALLAN	313	SPR40-49M	00:17:22.05	68	8	00:48:33.75	19	3	00:32:27.05	86	10	01:38:22.85	7 / 12	OREM
49 GOODFELLOW, PIPPA	296	SPR40-49F	00:13:33.40	15	1	00:56:08.95	64	5	00:28:45.70	65	3	01:38:28.05	4 / 9	DIAMOND CITY
50 WOLFS, EDWARD	244	SPR20-29M	00:21:44.70	93	13	00:50:58.45	31	7	00:25:52.65	34	7	01:38:35.80	7 / 16	EDMONTON
51 WATT, MICHELLE	303	SPR40-49F	00:16:39.70	56	6	00:52:59.50	42	4	00:29:05.20	69	5	01:38:44.40	5 / 9	CLARESHOLM
52 ROBERTSON, TREENA	258	SPR30-39F	00:15:53.55	45	8	00:54:16.80	51	4	00:28:42.55	63	10	01:38:52.90	6 / 20	CALGARY
53 SCOTT, DEBBIE	259	SPR30-39F	00:17:40.50	71	13	00:55:11.80	59	8	00:26:22.55	40	4	01:39:14.85	7 / 20	CALGARY
54 VANDERZEE, JIM	314	SPR40-49M	00:20:32.05	88	9	00:50:05.55	23	5	00:28:43.20	64	6	01:39:20.80	8 / 12	LETHBRIDGE
55 MILNER, LARA	203	SPR16-19F	00:14:54.30	29	3	00:56:00.90	63	4	00:28:27.25	60	4	01:39:22.45	3 / 5	COCHRANE
56 NIEBOER, JARED	237	SPR20-29M	00:17:56.95	74	8	00:51:01.95	32	8	00:30:30.65	77	14	01:39:29.55	8 / 16	PICTURE BUTTE
57 SCHREMPF, HANS	327	SPR50-59M	00:16:09.85	49	3	00:59:05.75	83	6	00:25:18.90	28	3	01:40:34.50	3 / 7	LETHBRIDGE
58 ANECA, JOHANNA	209	SPR20-29F	00:13:44.25	18	4	00:57:49.55	76	8	00:29:04.15	67	6	01:40:37.95	6 / 16	CALGARY
59 WOLANIUK, DAYLEN	208	SPR16-19M	00:17:21.90	67	2	00:55:25.15	60	2	00:27:53.20	53	2	01:40:40.25	2 / 2	LLOYDMINSTER
60 IRWIN, SAMUEL	231	SPR20-29M	00:20:14.10	85	10	00:52:58.10	41	9	00:27:43.85	52	12	01:40:56.05	9 / 16	LETH
61 OGNOSKI, SHAWNA	255	SPR30-39F	00:18:46.00	82	15	00:56:45.15	70	10	00:25:46.85	33	3	01:41:18.00	8 / 20	LETH
62 DOIG, BECKY	246	SPR30-39F	00:16:10.65	50	10	00:58:09.25	77	11	00:26:58.70	46	7	01:41:18.60	9 / 20	MAGRATH
63 HARTSHORN, KENT	323	SPR50-59M	00:20:46.55	89	7	00:58:10.70	78	5	00:22:53.20	13	2	01:41:50.45	4 / 7	SASKATOON
64 WARD, JACK	329	SPR50-59M	00:17:06.30	62	4	00:57:24.30	75	4	00:28:11.30	58	5	01:42:41.90	5 / 7	ELKWATER
65 LOWE, DAVID	284	SPR30-39M	00:11:08.35	4	4	00:56:19.15	67	17	00:35:28.15	98	20	01:42:55.65	17 / 23	LETHBRIDGE
66 LOWE, MACKENZIE	251	SPR30-39F	00:19:53.65	84	16	00:54:20.20	52	5	00:28:47.00	66	11	01:43:00.85	10 / 20	LETHBRIDGE
67 HELFRICH, GREG	307	SPR40-49M	00:23:02.90	108	11	00:50:25.35	27	6	00:29:39.45	73	7	01:43:07.70	9 / 12	STRATHMORE
68 SCHLESE, STEPHEN	312	SPR40-49M	00:17:20.65	65	6	00:54:34.00	54	11	00:31:30.40	84	9	01:43:25.05	10 / 12	STURGEON COUNT
69 ROBERTS, MATTHEW	241	SPR20-29M	00:18:07.60	76	9	00:58:41.50	81	11	00:26:36.00	42	9	01:43:25.10	10 / 16	LETHBRIDGE
70 ROBERTS, JASMINE	224	SPR20-29F	00:16:46.30	59	9	01:00:02.15	90	11	00:26:36.90	43	4	01:43:25.35	7 / 16	LETHBRIDGE
71 GIBB, J.D.	277	SPR30-39M	00:17:37.35	70	16	00:52:59.80	43	13	00:33:21.90	90	19	01:43:59.05	18 / 23	RAYMOND
72 LOW, RICHARD	325	SPR50-59M	00:18:28.45	79	6	00:57:09.90	73	3	00:29:08.55	70	6	01:44:46.90	6 / 7	LETH
73 HARTSHORN, REBECCA	217	SPR20-29F	00:16:08.70	48	7	01:05:47.50	103	14	00:22:58.40	14	2	01:44:54.60	8 / 16	LETHBRIDGE
74 HAMILTON, JESSICA	201	SPR16-19F	00:22:24.00	99	5	00:54:56.50	57	3	00:27:56.60	56	3	01:45:17.10	4 / 5	TABER

Overall Results

Sprint 750M - 26K - 5K

Name	Bib#	Category	Swim	O/A	Cat	Bike	O/A	Cat	Run	O/A	Cat	Finish	Cat/PI	City
75 WATERS-HUSS, LORELEI	302	SPR40-49F	00:18:40.75	80	7	00:56:14.00	65	6	00:30:29.15	76	6	01:45:23.90	6 / 9	LETHBRIDGE
76 REINDL, KYLE	240	SPR20-29M	00:21:46.35	94	14	00:57:01.85	72	10	00:27:18.10	50	11	01:46:06.30	11 / 16	Lethbridge
77 UNGER, JESSICA	228	SPR20-29F	00:13:39.65	16	3	00:59:55.60	88	10	00:33:02.90	88	13	01:46:38.15	9 / 16	CALGARY
78 MURRAY, TRAVIS	236	SPR20-29M	00:15:27.45	38	5	01:00:55.00	92	13	00:30:31.75	78	15	01:46:54.20	12 / 16	AIRDRIE
79 WIGHT, TRINA	6	SPR20-29F	00:20:21.20	87	12	00:55:55.35	62	6	00:31:21.20	83	11	01:47:37.75	10 / 16	EDMONTON
80 DAHL, REGAN	337	SPR30-39M	00:24:16.05	111	22	00:58:11.85	79	20	00:25:45.00	32	10	01:48:12.90	19 / 23	LETH
81 DAVIES, RICK	322	SPR50-59M	00:17:16.35	64	5	00:59:52.50	87	7	00:31:14.40	82	7	01:48:23.25	7 / 7	LETHBRIDGE
82 STEVENS, EMMA	226	SPR20-29F	00:20:51.45	90	13	00:56:42.25	69	7	00:30:52.40	81	10	01:48:26.10	11 / 16	CALGARY
83 ROBERTS, RAY	330	SPR60+M	00:22:35.30	102	1	00:56:28.00	68	1	00:29:33.25	72	1	01:48:36.55	1 / 1	LETH
84 HANSEN, CASSY	216	SPR20-29F	00:17:01.20	61	10	00:59:41.85	85	9	00:32:02.25	85	12	01:48:45.30	12 / 16	STRATHMORE
85 GOODWIN, JEREMY	229	SPR20-29M	00:21:43.50	92	12	00:59:31.20	84	12	00:28:29.40	61	13	01:49:44.10	13 / 16	LETHBRIDGE
86 JOHNSON, ALLISON	249	SPR30-39F	00:18:10.55	77	14	01:03:01.70	99	15	00:28:37.55	62	9	01:49:49.80	11 / 20	Lethbridge
87 GOUCHIE, BECKY	213	SPR20-29F	00:17:14.25	63	11	01:02:49.40	96	12	00:30:35.15	79	9	01:50:38.80	13 / 16	FORT MACLEOD
88 HILL, JOEL	339	SPR20-29M	00:22:33.55	101	16	01:02:49.70	97	14	00:25:18.50	27	6	01:50:41.75	14 / 16	MAGRATH
89 BUNNAGE, TASHSA	332	SPR30-39F	00:15:32.45	39	5	01:02:37.15	95	14	00:32:33.25	87	12	01:50:42.85	12 / 20	
90 LOW, JONATHAN	233	SPR20-29M	00:20:19.40	86	11	01:03:44.95	101	15	00:27:02.75	47	10	01:51:07.10	15 / 16	LETH
91 WENDORF, NAOMI	266	SPR30-39F	00:15:10.10	35	3	00:54:41.75	55	6	00:42:19.35	112	19	01:52:11.20	13 / 20	DUNBURN
92 SCOTT, KAREN	301	SPR40-49F	00:19:32.90	83	8	01:00:18.30	91	8	00:33:24.35	91	7	01:53:15.55	7 / 9	MOOSE JAW
93 SCOTT, JANIS	260	SPR30-39F	00:15:49.35	43	7	01:02:00.00	94	13	00:35:27.95	97	13	01:53:17.30	14 / 20	CALGARY
94 SNOW, LONI	262	SPR30-39F	00:17:36.60	69	12	00:59:48.10	86	12	00:36:10.85	101	14	01:53:35.55	15 / 20	RAYMOND
95 MICHEL, DEE DEE	320	SPR50-59F	00:21:54.80	96	2	00:59:01.60	82	2	00:35:46.20	99	2	01:56:42.60	2 / 3	WELLING
96 HANLEY, SHAUN	298	SPR40-49F	00:15:58.65	46	5	00:59:59.50	89	7	00:40:54.00	107	9	01:56:52.15	8 / 9	LETH
97 PACK, JON	286	SPR30-39M	00:18:22.20	78	19	00:57:21.70	74	19	00:41:26.15	109	22	01:57:10.05	20 / 23	TABER
98 WIGHT, MERRILL	304	SPR40-49F	00:21:50.25	95	9	01:01:53.95	93	9	00:33:48.10	92	8	01:57:32.30	9 / 9	LETH
99 POLLARD, LESLIE	256	SPR30-39F	00:15:12.75	36	4	01:03:33.20	100	16	00:38:58.90	106	18	01:57:44.85	16 / 20	LETH
100 HAMILTON, JEFF	306	SPR40-49M	00:22:32.70	100	10	00:53:33.60	46	9	00:42:13.60	110	11	01:58:19.90	11 / 12	TABER
101 KUNDRIK, MARY	318	SPR50-59F	00:22:44.30	106	3	01:02:55.50	98	3	00:35:53.55	100	3	02:01:33.35	3 / 3	LETHBRIDGE
102 JOHNSON, BRITANNY	335	SPR20-29F	00:23:53.40	109	15	01:04:30.20	102	13	00:34:39.80	95	15	02:03:03.40	14 / 16	BARNWELL
103 FRENCH, ANNALISE	212	SPR20-29F	00:22:58.60	107	14	01:07:41.00	104	15	00:34:44.25	96	16	02:05:23.85	15 / 16	LETHBRIDGE
104 RYALL, GORDIE	310	SPR40-49M	00:26:07.85	113	12	00:58:29.35	80	12	00:42:42.90	113	12	02:07:20.10	12 / 12	LETH
105 PRESTON, JAKE	239	SPR20-29M	00:22:01.15	97	15	01:12:00.95	113	16	00:33:49.00	93	16	02:07:51.10	16 / 16	WOODS CROSS
106 CHRISTENSEN, CATHARINE	211	SPR20-29F	00:24:02.40	110	16	01:10:00.45	107	16	00:33:50.50	94	14	02:07:53.35	16 / 16	TABER
107 DOLL, MEGAN	247	SPR30-39F	00:22:42.15	105	19	01:09:09.55	106	18	00:37:57.40	104	16	02:09:49.10	17 / 20	CALGARY
108 MASTEL, MICHELE	253	SPR30-39F	00:22:37.25	103	18	01:11:30.90	111	20	00:37:16.40	102	15	02:11:24.55	18 / 20	MEDICINE HAT
109 FREY, CHAD	276	SPR30-39M	00:22:40.30	104	21	01:11:27.25	110	22	00:37:17.30	103	21	02:11:24.85	21 / 23	MEDICINE HAT
110 JACKSON, CHRIS	281	SPR30-39M	00:27:17.45	114	23	01:11:00.15	108	21	00:33:15.30	89	18	02:11:32.90	22 / 23	EDMONTON
111 JACKSON, ANDREA	248	SPR30-39F	00:22:17.95	98	17	01:11:18.95	109	19	00:38:17.75	105	17	02:11:54.65	19 / 20	EDMONTON

Overall Results

Sprint 750M - 26K - 5K

Name	Bib#	Category	Swim	O/A	Cat	Bike	O/A	Cat	Run	O/A	Cat	Finish	Cat/Pl	City
112 LOW, MEGAN	202	SPR16-19F	00:21:21.20	91	4	01:12:00.35	112	5	00:41:05.85	108	5	02:14:27.40	5 / 5	LETH
113 OLSON, NATALIE	334	SPR30-39F	00:25:39.35	112	20	01:07:41.00	105	17	00:42:53.20	114	20	02:16:13.55	20 / 20	LETH
114 POLLARD, MIKE	287	SPR30-39M	00:17:43.20	72	17	01:19:11.55	114	23	00:42:19.00	111	23	02:19:13.75	23 / 23	LETH